

RECIPE FOR A HAPPY DAY

STARLING PRITCHARD

ingredients

- Begin with a large serving of **IMAGINATION**
- Add one cup of **KIND WORDS** - Be sure to measure your words carefully
- 1 Tablespoon of **PATIENCE**
- 2 Scoops of **UNDERSTANDING**
- Heaps of **LAUGHTER**
- A pinch of **PEACE AND QUIET**

directions

- Keep on the front burner at a low temperature, do not let it boil.
- **DANCE.**
- Season with the **SPICE OF LIFE**
- Serve with **GENEROSITY**



TIME: 60 MINUES

PORTIONS: 4-6 SERVINGS